
FORM 7-78

QUESTIONNAIRE TO DETERMINE FOOTBALL READINESS

Print using black or blue ink only

BASIC INFORMATION

NAME: _____

DATE OF BIRTH (mm/dd/yyyy): ___/___/_____

ESTIMATE AS TO READINESS FOR FOOTBALL: _____

ARE YOU READY FOR FOOTBALL? (circle your response)

Yes

No

Maybe

AT LEAST HOW MUCH FOOTBALL ARE YOU READY FOR?

(circle your response)

A Lot

Some

None

WHICH OF THE FOLLOWING BEST DESCRIBES YOUR CURRENT FEELINGS AND/OR FUTURE DESIRES FOR FOOTBALL? (circle one)

- a) I like it.
 - b) I love it.
 - c) I want some more of it.
 - d) All of the above.
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WHICH SONG(S) IS (ARE) APPROPRIATE FOR HELPING ONE GET READY FOR FOOTBALL? (circle all that apply)

Welcome to the Jungle - Guns 'N Roses

Hold my Hand - Hootie and the Blowfish

Are you Ready for some Football? - Hank Williams Jr.

Thunderstruck - AC/DC

ASSUMING THAT FOOTBALL WAS INEVITABLE BUT YOU WERE NOT READY FOR IT, HOW WOULD YOU PROCEED? (circle one)

Experience the football
(unprepared)

Postpone the football until
such a time as you are ready
